

Supply List: Oh My Coffee and Pie: Introduction to Still Life Painting (Oil or Acrylic) Instructor: Nancy Carty

Suggested Supplies for Oh My Coffee and Pie: An Introduction to Still Life Painting by Nancy Carty (Oil or Acrylic Painting Mediums)

Note: The instructor will be conducting a demo in oil paint (Note: If students want to work in oil paint they are welcome to do so. Please use odorless Gamsol as your cleaning solvent.) You are welcome to bring the supplies you have on hand. The list below is for your suggested use.

For both Oil and Acrylic Paint I recommend the following colors. This list includes mainly primary colors, and white Oil Paint Brands: Winsor Newton, Holbein, Rembrandt. Acrylic Brands: Liquitex Heavy Body Acrylic

Suggested Colors for Oil and Acrylic:

- Titanium White
- Cadmium Yellow Medium
- Lemon Yellow
- Quinacridone Rd
- Cadmium Red Medium
- Ultramarine Blue
- Cobalt Blue
- Brilliant Blue
- Burnt Sienna
- Viridian green
- Ivory Black

Brushes : I recommend the following assortment

- Brights - 0, 2, 6, 8
- Flats – 0, 2, 4, 6
- Rounds- 2, 4
- Palette Knife for mixing and cleaning paints
- I love using the company called Silver Bristlon brushes I
- (DickBlick.com or Jerrys Artarama on Wake Forest Rd. for supplies

Panels to Paint on:

Sizes recommended: 10 x 12 , 12 x 16 or 10 x 10(if you prefer a square format.) If you like a smooth surface you can order Masonite hard board from Dick Blick – You will need to paint (prime) the panel with a coat of acrylic paint. I usually paint the panel a medium- color that will be found in my painting. As a start I would mix black and white for a medium gray so that you can judge whether your color is lighter or darker from the middle of the value scale. Ampersand Gesso board is a professional archival panel but it

is more costly. If you have canvas or canvas board you can bring them. For canvas I recommend canvas that has been stretched around the edge so it is easy to hang up as a finished project- The Edge company has this type of structure .Centurion -pre-primed panels for oil and acrylic can also be purchased at Jerry's Artarama in a package of three.(They have panels primed for acrylic and panels primed for oil. So be on the lookout.

Assorted Supplies;

Since **acrylic** dries very quickly, I recommend a **palette box with a cover** on it size 12 x 16. You can purchase a sponge and **palette paper** that fits down inside the box so you can lay your paint out on a disposable surface.(I use the Masterson Palette box with sponge and paper -12 x 16)

Your medium to keep your paint wet is water.

At least two containers filled with water are best to moisten your brushes with acrylic.. A small spray bottle with water will help to keep your acrylic paint moist.

For **oil paints** I also use the Masterson system .paint box 12 x 16 with gray palette paper. This way my paints stay moist and it makes it easy to transport. Your painting medium will be Gamsol and you can purchase a small double painting cup (metal) to hold the gamsol. You will also need palette paper (I use the gray 12 x 16 sheets which fit nicely in my Masterson Box) to arrange your paints and provide a mixing area.

OIL Painters: Please bring **ODORLESS** mineral spirits Gamsol in a small sealed metal container metal brush cleaner jar with a tight fitting snap lid. In general we want to keep the fumes down in the studio

You will need for either acrylic or oil paints:

Paper Towels

A smock or apron

Latex gloves

A roll of painters tape to adhere your photographs.

A small tablet of Canvas paper 8 x 10 is fine for making swatches of color.

Pencil sharpener and pencil.

A blue pastel drawing pencil – (not oil base) Conte a Paris brand -Carolina blue color so that your lines will not show on your canvas or you may simply draw with a small round brush directly on the canvas or panel with acrylic paint. You can use pencil however an H or HB is best so you do not load up your surface with oil based pencil under your acrylic paint.

Easels will be provided at the center

I look forward to working with you to expand your creative horizons!

Sincerely,

Nancy Carty